Common Rabbit Behaviors

This quick guide to bunny body language will help you decipher common rabbit behaviors. Remember, most behaviors have multiple meanings and are context-dependent. This list only includes behaviors that indicate happiness and mild irritation. Stress, fear, and aggression-related behaviors are detailed on a separate handout.

Behavior and Meaning	Illustrations © The Rabbit House
What It Looks Like: Bunny jumps in the air, twitching and flicking heels out to the side. Sometimes mistaken for a seizure. What It Means: The ultimate expression of rabbit joy!	
BOWING DOWN What It Looks Like: Rabbit lowers and extends head towards hand or other rabbit. What It Means: Bunny is requesting grooming or petting.	
What It Looks Like: Rabbit tucks butt under its body and runs full out as fast as it can, with ears up, often changing direction. What It Means: This is the rabbit equivalent of puppy "zoomies." It is a happy rabbit having fun!	A STATE OF THE PARTY OF THE PAR
BUNNY BUTT What It Looks Like: Rabbit calmly turns its back to person or other rabbit, sitting down. What It Means: To another rabbit, it means "I'm ignoring you." The rabbit has been offended by something the person has done if a rabbit owner experiences this consequence.	
CHINNING What It Looks Like: Rabbit rubs chin on person or object. What It Means: Rabbit is marking territory or expressing annoyance at object it is chinning. For example, a bunny may "chin" a piece of food it is being offered if it doesn't want it. Behavior and Meaning	Illustrations © The Rabbit House

FLICKING HEELS What It Looks Like: Rabbit lifts heels high in the air and flicks them in the direction of person as it hops away. What It Means: Rabbit is irritated by previous happening. For example, a bunny may flick its heels at a person who tries to pick it up. **FLOP** What It Looks Like: Rabbit throws body down on its side, sometimes even flipping onto back. What It Means: Rabbit is extremely happy and comfortable in the environment. **HEAD FLICK** *See video "Head Flick* What It Looks Like: Rabbit quickly twitches head side-toside, often flopping ears back and forth. What It Means: Rabbit is excited! **NOSE TWITCHING** *See video Nose Twitch* What It Looks Like: Rabbit's nose begins to noticeably twitch up and down as it sniffs. What It Means: Can be an indicator of respiratory illness if rabbit is always twitching nose, particularly if done slowly. Most times, a rabbit is sniffing a scent it has found interesting in the environment. It usually occurs when a rabbit is waking up from a nap. **PERISCOPING** What It Looks Like: Rabbit stands on hind legs, often with nose twitching. What It Means: Rabbit is investigating the environment. **SPAZZING IN PLACE** What It Looks Like: With up and relaxed ears, the rabbit darts around in a small space, changing direction frequently. What It Means: Rabbit is extremely happy and excited.